

PRESTARSKATE PROGRAM 2025/2026

Club Administrator: Patti Somer Phone: (403) 358-1701 Email: <u>skatereddeer@hotmail.com</u> Web: www.skatereddeer.com

What is PreSTARskate?

Skills, Tests, Achievement, Recognition – this is what STARskate is all about! The Red Deer Skating Club's PreSTARskate is an introductory program designed to teach the elements of figure skating. When ready, your skater can move to STARskate which offers opportunities for skaters to develop skills in the areas of ice dance, skating skills, freeskate, and interpretive skating. The PreStar program teaches figure skating skills in a group lesson format in a progressive and sequential manner and includes specifically designed awards and incentives.

QUALIFICATIONS: Skaters must have completed CanSkate Level 4 <u>or</u> have been recommended by one of our coaches <u>or</u> have attended a previous PreSTARskate program.

Skaters have the opportunity to take private lessons with any of the Red Deer Skating Club's coaching staff at any time. Please contact them directly if you have any questions about how this works.

PATTI SOMER

National Coach Coaching Since: 1982

Rate: \$13.00

Phone: (403) 396-3964 pattisomer@gmail.com

JESSICA MACKAY

Provincial Coach Coaching Since: 2014

Rate: \$12.00

Phone: (780) 999-4192 jess.sergeant@hotmail.com

LANA BELLMORE

Provincial Coach Coaching Since:1991

Rate: \$13.00

Phone: (403) 506-1880 lanabellmore@gmail.com

JENNIFER SHIGEMATSU

Provincial Coach Coaching Since: 1993

Rate: \$12.00

Phone: (780) 385-0222

mjmk@live.ca

MORGAN RATTAI

Provincial Coach Coaching Since: 2002

Rate: \$12.00

Phone: (780) 298-3258 morganrattai@outlook.com

WINTER 2025/2026 PRESTARSKATE

DAYS: Mondays & Wednesdays

DATES: September 29, 2025 – March 20th, 2026

TIME: 4:00pm to 5:00pm PLACE: Kinsmen A Arena

COST: \$540.00 (full year Monday *and* Wednesday)

You may select to make <u>installment</u> payments at the time of check out.

Fee includes coaching, ice fees, stroking session, FIT Class, Train the Brain Class and registration fees.

Late Registration Fee: \$25 will automatically be added to your account after September 16th.

REGISTER AT: www.skatereddeer.com

MANDATORY PARENT INFORMATION MEETING

Wednesday, September 17th @ 7-730PM on Zoom

- Meet the Coaches and your Club Executive.
- There will be a lot of information.
- A door prize.

VOLUNTEER COMMITMENT:

You will be required to select your volunteer activities at the same time that you register your child for skating. Please have a look at the options available on the website before you log in to register to ensure that the registration process goes smoothly. You will need to have a total of 4 credits selected in order for your registration to process or pay \$150.00 buy-out fee (under subscriptions). This is for regular club operations.

Canskate Desk Bingo Clean Dryland Room Carnival Worker

FUNDRAISING COMMITMENT:

The Red Deer Skating Club has no fundraising commitments at this time.

PRESTAR & FIT CLASS

Prestar & FIT class (dryland training) will be offered FREE to all Prestarskaters. The cost of this program will be covered in your registration fees. The classes include: pilates, dance, ballet, stretch, jump technique. Please add the class to your cart at time of registration. Class is held in the Dryland Training Room called the Studio October - March Mondays 515-615pm. Please join us.

TRAIN the BRAIN Class

Is a Human Performance class to help with focus, training and positive self-talk. The cost of this program will be covered in your registration fees. This class will be held in the Studio at the Kinsmen Arena from 515-600pm one Wednesday a month.

2025/2026 Red Deer Skating Club Board of Directors

President	Ashley Brant
Vice President	Darla Heil
Secretary/Treasurer	Amanda Mackenzie
Competition Chairperson	Zulya Hubley
Gaming Chairperson	Brandy Lucas
Assessment Chairperson	Ashling Kelly
Media Chairperson	Jessa Addison
PreStarskate Chairperson	Amy Willing
Special Events Chairperson	Sherri-Lynn Husch
Coaches Representative	Jessica Mackay
Past President	Andrea Phagoo

The Red Deer Skating Club is a volunteer organization. The people serving on the Executive graciously donate their time and talents so that all children may have the opportunity to skate in the club. We appreciate their dedication and commitment.

NOTES:

- > There will be NO make-up days allowed.
- You will receive a calendar of events on the first day of class.
- ➤ Spaces limited to 25
- ➤ If you would like a club jacket you can buy a black fleece jacket (not hoodie) and bring it to the rink and we will have it embroidered for you or purchase it from our on line store:

 Red Deer Skating Club Online Store | The Coverall Shop | powered by OrderMyGear

Sessions are subject to change as deemed necessary by the Red Deer Skating Club.